

Mee Goreng

Nutrition Information

Serving size: **280g**

Serving per package: **1**

	Per Serving	Per 100g
Energy	421kcal	150kcal
Protein	24.4g	8.7g
Total Fat	17.5g	6.3g
Saturated Fat	3.0g	1.1g
Trans Fat	0.5g	0.2g
Cholesterol	71mg	25mg
Carbohydrate	45.5g	16.3g
Total Sugar	8.9g	3.2g
Dietary Fibre	2.9g	1.0g
Sodium	1234mg	441mg

Green Apple Longan Fruit Purée

Nutrition Information		
Serving size: 90g		
Serving per package: 1		
	Per Serving	Per 100g
Energy	297kcal	330kcal
Protein	0.2g	0.3g
Total Fat	0.0g	0.0g
Saturated Fat	0.1g	0.1g
Trans Fat	0.0g	0.0g
Cholesterol	0mg	0mg
Carbohydrate	17.4g	19.3g
Total Sugar	14.9g	16.6g
Dietary Fibre	0.2g	0.3g
Sodium	12mg	13mg