

6pc Chicken

Nutrition Information

Serving size: **100g**

Serving per package: **6**

	Per Serving	Per 100g
Energy	1 86 kcal	1 86 kcal
Protein	14.4 g	14.4 g
Total Fat	5.4 g	5.4 g
Saturated Fat	1.7 g	1.7 g
Trans Fat	0.0 g	0.0 g
Cholesterol	62 mg	62 mg
Carbohydrate	5.6 g	5.6 g
Total Sugar	0.4 g	0.4 g
Dietary Fibre	0.0 g	0.0 g
Sodium	214 mg	214 mg

6pc Chicken with Mushroom

Nutrition Information

Serving size: **100g**

Serving per package: **6**

	Per Serving	Per 100g
Energy	1 86 kcal	1 86 kcal
Protein	13.4 g	13.4 g
Total Fat	5.9 g	5.9 g
Saturated Fat	1.8 g	1.8 g
Trans Fat	0.0 g	0.0 g
Cholesterol	48 mg	48 mg
Carbohydrate	6.1 g	6.1 g
Total Sugar	1.7 g	1.7 g
Dietary Fibre	0.4 g	0.4 g
Sodium	176 mg	176 mg